



**SGT UNIVERSITY**  
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**OUT REACH ACTIVITY**

**HEALTH ASSESSMENT**

**CAMP ON ANEMIA**

**(FACULTY OF NURSING)**



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR


1. **Title of the Activity:** Anaemia Assessment Camp
  
2. **Date:** 09<sup>th</sup> February 2023
  
3. **Location of the activity:** Village Mubarakpur, Gurugram(Hr)
  
4. **Organizing Faculty/Department/Association:** Department of Community Health  
Nursing, Wellbeing Association
  
5. **Participating Team Members with Designation:**
  - I. Prof. Sunil Kumar Dular(HOD, Community health nursing department)
  
  - II. Ms. Deepa Mukherjee (Associate Professor)
  
  - III. Ms. Rachna (Assistant Professor)
  
  - IV. Ms. Nutan (Assistant Professor)
  
  - V. Ms. Kalpana Mohan (Assistant Professor)
  
  - VI. Ms. Khiumajuliu, Abonmai (PG Tutor)
  
  - VII. Mr. Naveen (PG Tutor)
  
  - VIII. Ms. Pratibha (PG Tutor)



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## 6. E Brochure / Banner

 **SGT UNIVERSITY**

**Faculty of Nursing**

Wellbeing Association Under Community Health Nursing Department

Is organizing a Camp on

Anaemia Assessment with Strategy of

**ANAEMIA**  
**Mukht Bharat**  
(6x6x6 Strategy)



**ACTIVITIES**

- ANAEMIA ASSESSMENT
- HB ESTIMATION

9<sup>th</sup> February 2023  
10:00 AM - 3:00 PM

Venue: Village Mubarakpur, Gurugram (HR)



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## **7. Objective of the Activity:**

- ❖ To create awareness regarding anemia
- ❖ To help villagers in knowing their HB level in their body
- ❖ To make students aware regarding 6x6x6 strategy of anemia mukt bharat
- ❖ To involve students in co-curricular activities.

## **8. Brief write-up (300-500 words) on the event(s) explaining activities undertaken :**

The wellbeing Association under community Health Nursing Department, Faculty of Nursing, SGT University, Gurugram has organized a health awareness camp for 'AneamiaMukt Bharat (AMB)' with focus on its 6×6×6 STRATEGY, at Mubarakpur Village –Gurugram (HR) on 09th February 2023 at 10:30am.

The main objective of the event was to connect and expand awareness among patients about Aneamia conditions, its symptoms; and to encourage individuals to take preventive steps to avoid Aneamia. The main focus remains on women of reproductive age as they are more prone to Anaemia in Indian villages. Total 74 patient visited camp.

The 6x6x6 strategy under AMB implies six age groups, six interventions and six institutional mechanisms. The strategy focuses on ensuring supply chain, demand generation and strong monitoring using the dashboard for addressing anaemia, both due to nutritional and non-nutritional causes.

The activities in AMB camp included Aneamia assessment for patients, Hemoglobin (Hb) estimation and their counselling.

The program was organized by B.Sc. Nursing 4th year and M.Sc. Nursing 2nd Year students under the supervision of faculty members of the community Health Nursing Department and under guidance of Prof. (Dr.) Sunil K. Dular, H.O.D, Community Health Nursing Department, SGT University. We are thankful to Sarpanch shri. Satinder Rana



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

of Mubarakpur Village for their support and collaboration for the successful organization of the camp on 'AnaemiaMukt Bharat'(6x6 Strategy)

## 9. Outcome of the Activity & its relevance to Health Sciences:

Health assessment camps are mobile and conducted by the nursing department under the Community Health Nursing Department in order to raise public awareness and to know their own haemoglobin status. The objective is to engage as many people as possible in the camp to know their own haemoglobin and health status so that we can help them prevent anaemia and other diseases. The villagers attended the health camp enthusiastically. The Nursing students also encourage the villagers to stay healthy by maintaining a healthy lifestyle.

## 10. Relevant Photographs with captions (preferably geo-tagged & High-resolution images - to be mailed as separate attachments along with placement in word file also) - 4 to 6 Photographs





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR



11. Verbal appreciation given by the sarpanch of the village Mubarkpur and the audiences.



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## Student attendance

Event : Anemia Assessment Camp

Date : 09<sup>th</sup> February 2023

S.No	Name of Student	Signature
1	SAMEER DAGAR	
2	RITIKA	
3	MOHIT KUMAR	
4	SOPHIA PRAKASH	
5	SHEPHALI SHARMA	
6	ARCHIT MALIK	
7	ANJALI CHAUHAN	
8	NITISH KUMAR	
9	NIKITA	
10	NIKITA BADASHRA	
11	RIYA	
12	MUSKAN	
13	MOHD MUSAIB	
14	AMARJEET KUMAR	
15	RAJU	

Faculty Coordinator Signature





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR